

Protein Sundays for 2018

The Church of the Good Shepherd invites you to join us in our monthly collection of canned protein for the St. Edmunds food bank, operated by St. Edmunds Anglican Church, providing hampers for residents of Bowness and area.

Here are the collection dates for 2018:

January 7th	Canned fish
February 4th	Canned meat
March 4th	Peanut butter
April 1st	Canned fish
May 6th	Canned meat
June 3rd	Peanut butter
July/August	Collection TBA
September 2nd	Canned fish
October 28th	Canned meat
November 4th	Peanut butter
December 2nd	Santa Sunday, collection of toys and food for Christmas hampers.

Your donations can be dropped off at the church (408 38 Street SW) during the week up to the Sunday for collection. Any support is greatly appreciated! For more information, you can contact our Outreach Committee: outreach@anglicangoodshepherd.ca